

Leadership adventure



Adventure = an unusual or exciting or daring experience

Leadership is in a new era

One where the landscape of the future is largely unknown – how will increased dependence on technology, artificial intelligence, changing demographics, healthcare and longevity, geopolitical shifts, economic fluctuations and our beliefs and political biases impact us and our organizations?

If we view it as an adventure it helps us be excited and motivated whilst at the same time we prepare to take risks and be resilient in the face of setbacks.

This calls for a certain kind of leadership

The leaders for this new era are technically strong and emotionally powerful. We trust them to lead us into these unknown territories. These leaders are open to learning and accessing different ways of being and knowing in order to design and hold the space for innovation to happen.

Pioneers in the new models of leadership such as Daniel Goleman and Otto Scharmer believe we must have leaders who are able to hold this creative tension of ‘not knowing’ and at the same time reassure teams, organizations and stakeholders that they can take risks, experiment and design spaces and containers that will do this.

Take a step... then another

Wendy Palmer, in her leadership embodiment work, invites us to take one step after another saying:

‘I know we are on track towards achieving our goals...
We don’t know how we are going to do it...
I know we are on track.’

This way of speaking to ourselves reassures our sympathetic nervous system so we can quickly regroup if our reptilian brain gets the better of us in a meeting.

It is the balance of the mastery (what you are good at) with the mystery (what is still undiscovered) and the qualities of ‘being’ that are needed (aligning head, heart and gut) to hold the creative tension when venturing into the unknown. That is the work of the adventure programme.

‘These are the skills of a post-conventional leader, one who can integrate diverse perspectives, work with creative tension and tap into the collective intelligence.’

Nic Udall Nowhere group

Timing: The programme will be over 2 days – and is bespoke to fit into your schedule.

Learning Points:

In this programme you learn practical skills for holding and maintaining the creative tension so collective breakthrough occurs and innovation follows.

During the two days you will learn:

- Preparing for the adventure
- Understanding the creative tension and the neuroscience behind it
- Asking bold questions that truly engage and energize
- Get to know the distinctions between knowing and not knowing
- Working with trust distinctions to create safe containers for teams experimenting
- Understanding the highs and the lows of the leadership adventure – what drives you forward and what holds you back
- Raising self-awareness, developing leadership practices and behaviours for navigating the highs and lows

Bespoke package includes:

Lunch, refreshments and course materials for the 2 days.

For more information and course leader bio (Michele Seymour)

www.balancematters.com/events or to register, contact: michele@balancematters or jacky@balancematters.com or call: +44 (0)20 7859 4558

